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Health and Safety on the Job

Audio-Visual Catalogue



Alberta
COMMUNITY AND
OCCUPATIONAL HEALTH
Library Services Branch

DDN 7827888

FOREWORD


IN AN ATTEMPT TO PROMOTE AWARENESS OF OCCUPATIONAL HEALTH AND SAFETY, THE AUDIO-VISUAL SERVICE PROVIDES A FREE LOAN SERVICE OF FILMS/VIDEOS IN THE AREAS OF GENERAL SAFETY AND OCCUPATIONAL SAFETY AND HEALTH.

THE COLLECTION CONTAINS FILMS/VIDEOS FROM CANADIAN, AMERICAN, BRITISH AND OTHER SOURCES. SOME OF THESE FILMS/VIDEOS ARE BASED ON OCCUPATIONAL HEALTH AND SAFETY LEGISLATION IN OTHER JURISDICTIONS, FOR EXAMPLE, GREAT BRITAIN OR THE UNITED STATES. THIS USUALLY DOES NOT DIMINISH THE EFFECTIVENESS OF THESE FILMS, BUT THE LEGISLATION MAY NOT APPLY IN THE PROVINCE OF ALBERTA.

Audio-Visual Services
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Edmonton, Alberta
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BORROWING INSTRUCTIONS

Obtaining Audio-Visual Materials

1. Audio-visual materials may be booked by phone, mail or in person.
2. A minimum of one (1) week's notice to a maximum of three (3) months is required for booking.
3. You will be contacted if your request cannot be met.

USING THE CATALOGUE

1. There are 2 indexes. One by subject and the other is alphabetical by title.
2. The last section of the catalogue is a complete listing in alphabetical order which includes:
 - (a) Title
 - (b) the date of release (if available)
 - (c) the size of video (1/2 inch VHS, 3/4 inch U-Matic or Beta), otherwise all films are 16mm sound.
 - (d) the running time
 - (e) whether it is in colour or black and white
 - (f) a description of the content of the film or video.

OUR CONDITIONS

1. A maximum of three (3) films/videos may be borrowed at any one time.
2. Our lending period is two (2) weeks, including shipping time.
3. Films/videos must be returned by the due date noted on the yellow copy of the booking slip. This will enable us to keep our commitments to other borrowers. Any variation in these borrowing procedures must be cleared with the audio-visual technician.
4. Borrowers returning audio-visual materials after the due date may be subject to a four (4) month suspension of their organization's borrowing privileges.
5. The name of the individual requesting the audio-visual materials will be our contact person and is responsible in the event of damage, loss or delay.
6. Please advise us in advance if you wish to cancel your booking.
7. Any defects or breaks are to be noted. Please do not attempt to repair a damaged film/video. Audio-Visual Services has the proper facilities and equipment to make necessary repairs.
8. All films and videos must be rewound and returned in matching case.
9. All videos must be returned in PADDED ENVELOPES OR SMALL BOXES.
10. Audio-visual materials are only loaned within Alberta.

SHIPPING ARRANGEMENTS

1. It is the responsibility of borrowers within the Edmonton area to pick up and return audio-visual materials to Audio-Visual Services, Community and Occupational Health. Hours of operation are 8:15 a.m. to 4:30 p.m.
2. Audio-visual materials will be shipped by courier. Borrowers must return materials in the same way.
3. DO NOT USE THE POSTAL SERVICE.
4. The mailing label must be reversed for returning materials.
5. All video tapes MUST be returned in Padded Envelopes or Small Boxes.

SECTION 1: INDEXES

NOTE: This catalogue lists films/videos both by topic (subject index) and by alphabetical order (title index).

Refer to the subject index (page 9) to select possible films/videos. Then refer to the alphabetical title index (page 23) for the page number where a description of the film/video is presented.

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SECTION 2: FILM DESCRIPTIONS

OHS VC 0010

ACID RAIN

20 min. Colour 1981

3/4 inch U-Matic

Health and Welfare Canada looks at the long term effects of acid rain. This video also looks at the causes of acid rain.

Produced by Health and Welfare Canada

OHS VC 07

A.G.T. SAFETY

12 min. Colour 1978

3/4 inch U-Matic

This video-tape discusses general safety at work and in the office.

Produced by Alberta Government Telephones.

OHS 111

and

OHS VC 05

AMERICAN ROULETTE

30 min. Colour 1973

3/4 inch U-Matic

This film is a documented study in which the hazards of grinding are illustrated through the experience of skilled grinders. Various sizes, shapes and specifications of grinding wheels are shown. Also covered are operations such as handling, storage, maintenance, mounting, guarding and testing. The film also points out the right use of safety equipment and the need to observe safety rules to avoid injuries around grinding tools.

Produced by Cinecraft Inc. for the Grinding Wheel Institution of America.

OHS 208

AND THEN THERE WERE TWO

25 min. Colour

"And then there were two" is a fictional story which happens to be set in a plant making sulphuric acid, but a spanner could be dropped anywhere in industry. The intention of the film is to spark audiences into a safety-conscious attitude. Even if the situation shown in the film is not remotely like yours, there are still many lessons to be observed and learned.

Produced by Millbank Films Ltd.

OHS 181 **AROUND EVERY CORNER - A NEED FOR PLANNED SAFETY INSPECTIONS**
and 16 min. Colour
OHS VC 0026 1/2 inch VHS

A planned general safety inspection is important. This 16 minute film illustrates how seeking out safety hazards should be a planned, well thought out process for supervisors.

An Educational Resources Foundation Film.

OHS VC 0031 **"ASBESTOS" - A LETHAL LEGACY**
Colour
1/2 inch VHS

This dramatic video discusses the use of asbestos and its effects on the worker. By using individual case studies the film depicts the various diseases caused by asbestos and how these diseases affect the worker and his family.

OHS VC 9020 **BACK INJURY PREVENTION THROUGH ERGONOMICS**
15 min. Colour 1983
1/2 inch VHS

Back injuries reflect greatly on industrial productivity. This film describes integrated programs that through simple engineering can be beneficial to any company.

A National Safety Council Production.

OHS VC 0096 **BACK TALK**
19 min. Colour 1982
1/2 inch VHS

Presented in an entertaining way, this is an educational look at back problems and how to avoid them. It provides a description of the back structure and how it can be affected by posture, lifting techniques, and excess weight.

Produced by Workers' Compensation Board of B.C.

OHS VC 0046 **BASIC MANAGEMENT SKILLS**

45 min. Colour 1985
1/2 inch VHS
Beta
3/4 inch U-Matic

This video is aimed at the foreman. It illustrates the three basic skills for management.

Produced by Alberta Construction Association

OHS VC 0034 **BASIC PHYSICS OF ULTRASOUND IMAGING WITH HECTOR LOPEZ**

32 min. Colour
3/4 inch U-Matic

OHS VC 7131 **BASIC PRINCIPLES OF COMPUTED TOMOGRAPHY**

17 min. Colour 1977
3/4 inch U-Matic

An introduction to the physical principles of computed tomography. Includes a discussion of the evolution of the systems, how C.T. systems operate to detect health problems, and limitations of the systems relating to resolution and noise.

OHS VC 0065 **BATTERY BOOSTING**

5 min. Colour 1986
1/2 inch VHS

Simple procedures for boosting a battery.

OHS 4 **BE A PRO**

14 min. Colour 1965

This film deals with the wearing of personal protective equipment. Just as professional athletes protect themselves with good equipment and safe attitudes, workers should develop a professional attitude to their work. The film also relates to the use of guards, eye, foot and head protection in industry.

Produced by the Accident Prevention Association of Ontario.

OHS 142

BEND YOUR KNEES

22 min. Colour 1978

This is a basic motivational and instructional film on back injury control. The film features Leonard Ring, an authority on manual lifting and back injury. Mr. Ring uses a model and audio-visual aids to explain the source and causes of back injury and he stresses the importance of a single method to avoid back injury: bend your knees.

Produced by the Industrial Accident Prevention Association of Ontario

OHS VC 7021A BIOLOGICAL EFFECTS OF IONIZING RADIATION - I HISTORICAL

17 min. Colour 1977

3/4 inch U-Matic

In this first of four segments, Mr. Barnett discusses the discovery of x-rays by Roentgen, and the health problems of the radium dial painters and pitchblend miners. He begins a discussion of the determinants of radiation injury including the dose-response concept and repairable vs. irreparable radiation injury. This discussion is continued in 7021B.

OHS VC 7021B BIOLOGICAL EFFECTS OF IONIZING RADIATION - II ACUTE EFFECTS

16 min. Colour 1977

3/4 inch U-Matic

In this second of four segments, Mr. Barnett continues his discussion of the determinants of radiation injury including the dose-rate concept, individual sensitivity (LD50), and cell sensitivity. He contrasts acute and chronic effects and long and short-term effects. The four stages of the acute radiation syndrome are reviewed.

OHS VC 7021C BIOLOGICAL EFFECTS OF IONIZING RADIATION - III CHRONIC EFFECTS (Part 1)

20 min. Colour 1977

3/4 inch U-Matic

In this third of four segments, Mr. Barnett discusses those radiation effects for which the latent period could be as long as 20 years. He contrasts somatic and genetic effects and reviews in detail the means by which radiation induced genetic mutations may be passed from one generation to another.

OHS VC 7021D **BIOLOGICAL EFFECTS OF IONIZING RADIATION - IV CHRONIC EFFECTS**
(Part 2)
30 min. Colour 1977
3/4 inch U-Matic

In this fourth of four segments, Mr. Barnett reviews the long-term somatic effects of ionizing radiation including carcinogenic, cataractogenic, embryological and life-span shortening effects.

OHS VC 0081 **BLINDMAN'S BLUFF**
18 min. Colour
1/2 inch VHS

This video shows the dangers of not paying attention. The viewer is asked to identify hazards in various working situations. It emphasizes the importance of keeping your eyes open to recognize hazards and then do something about it.

OHS VC 0066 **BONNET BOLTS & ACTUATORS**
5 min. Colour 1985
1/2 inch VHS

The procedures for removing plug valves from actuators.

Produced by Dow Chemical

OHS VC 0017 **BREAKOUT**
14 min. Colour 1983
1/2 inch VHS
Beta
3/4 inch U-Matic

A pipeline operation is the scene of a bad accident. After a new employee is crushed by a piece of heavy equipment, the reasons for the accident are identified and analysed.

Produced by the Oilfield Contractors Association

OHS 151

BREATHE SAFE, BREATHE CLEAN

11 min. Colour

"Breathe Safe, Breathe Clean" is a motivational film to convince workers that industrial respirators are essential to their health and safety. It shows different types of respirators and the right and wrong ways to wear them, how to clean them and where to store them. The film also demonstrates what happens if respirators are not used or are not used properly.

Produced by Harvest Films Inc., New York.

OHS VC 0097

BREATHING YOURSELF TO DEATH: LUNG HAZARDS

20 min. Colour 1982

1/2 inch VHS

Shows the principles of respiratory damage and the personal protective equipment that must be worn by workers exposed to airborne contaminants.

Produced by the Workers' Compensation Board of B.C.

OHS VC 7033

CALCULATOR

16 min. Colour 1977

3/4 inch U-Matic

Explains the use of a slide-rule type calculator designed to be used in conjunction with the N.E.X.T. dental and medical surveys. Demonstrates how the calculator can assist in estimating exposure values, beam size, and exposure at skin entrance. A quiz follows the program.

OHS 224

CAN YOU HEAR ME?

10 min. Colour

"Can You Hear Me" is a film presentation that stresses the importance of hearing conversation. By using proper safety devices, noise that can harm the ears is screened and essential sounds necessary to perform the job are communicated.

Produced by Allied Safety Chemical

OHS VC 0073 **CAPTAIN SAFETY - YOUR SAFETY GLASSES**
12 min. Colour 1987
1/2 inch VHS

Captain Safety arrives at a jobsite when an employee is not wearing proper safety glasses. He explains the importance of wearing safety glasses both on the job and around home.

Produced by Alberta Association of Optometrists

OHS VC 0069 **CARPAL TUNNEL: GETTING A GRIP**
18 min. Colour
1/2 inch VHS

This video discusses the diseases that can be caused by repetitive movement.

Produced by Democratic Media Centre.

OHS VC 0098 **CAUSES AND PREVENTION OF INDUSTRIAL SKIN DISEASES**
24 min. Colour 1982
1/2 inch VHS

This video discusses the various forms of skin problems found in workers and the preventive measures that must be taken.

Produced by the Workers' Compensation Board of B.C.

OHS VC 02 **CHAIN SAW**
1975 Colour
3/4 inch U-Matic
1/2 inch VHS

Safety procedures to be taken when felling a tree and safe operation of chain saws are demonstrated in this film.

Produced by Roy Litke.

OHS VC 0071 **CHAIN SAW SAFETY**
20 min. Colour 1986
1/2 inch VHS

This video instructs the chainsaw operator to observe correct and safe operating procedures. The tape includes demonstrations relating to the basic parts of a chainsaw and their functions, the safety devices on a chainsaw, personal protective equipment for the operator, setting up and fueling procedures, and safe operating procedures.

Produced by AFPA.

OHS 169 **CHANCE COULD BE A FINAL THING**
21 min.

A young engineer is encouraged by his colleagues to "take a chance". The short cut in safe working procedures culminates in an accident with very odd consequences.

OHS 217 **CHEMICAL BURNS TO THE EYES AND SKIN**
25 min. Colour 1984

This graphic film describes how to protect yourself by using caution and understanding the chemicals you're working with.

Produced by the Dow Chemical Company.

OHS VC 0019 **CHEMICAL PROPERTIES - Module D**
14 min. Colour 1984
3/4 inch U-Matic

A series of training programs on safe procedures for responding to and handling hazardous material spills.

Industrial Training Systems Corporation

OHS VC 0095 **CHEMICALS UNDER CONTROL**
15 min. Colour 1984
1/2 inch VHS

A source of general information about handling chemicals safely, this program looks at types and forms of chemical hazards and illustrates the importance of housekeeping, safe work procedures, detecting the presence of hazardous chemicals, emergency procedures, and devices for personal protection. The ability to read and interpret chemical labels and to use safety data sheets is also stressed.

Produced by Educational Resources Inc.

OHS VC 0099 **CHEMOTHERAPY: RISKS AND REMEDIES**
14 min. Colour 1984
1/2 inch VHS

Health care workers handling antineoplastic drugs will benefit from practical safety tips about preparation, administration and disposal of these potentially toxic drugs.

Produced by the Workers' Compensation Board of B.C.

OHS VC 0011 **CHILD'S PLAY**
14 min. Colour 1983
1/2 inch VHS
Beta
3/4 inch U-Matic

Heavy equipment operation is not "Child's Play". This film deals with the attitude of the worker towards safety. Roll-over protection and safety belts are mentioned. Stress is placed on the responsibility of the worker for his own safety.

Produced by the Oilfield Contractors Association.

OHS 7 **CHOICE IS YOURS (THE)**
18 min. Colour

This film is on general construction safety. It demonstrates some of the hazards of construction work and the proper use of safeguards to prevent accidents.

OHS 179

CHOICE IS YOURS (THE)

18 min. Colour

The film illustrates a seventeen year old boy who has drifted through three jobs, waking up to the fact that he cannot go on this way. His emotions, family and social pressures make him determined to profit by his early mistakes and get settled into his new job. The result - a more complete and respected character and a happy employer.

A Millbank Film Production

OHS VC 0068

COACHING THE PROFESSIONAL TRUCK DRIVER

4 hours Colour 1985

1/2 inch VHS

This is a driver safety program made up of six segments designed for those truck drivers that are experienced in handling their vehicles. The driving techniques stressed in this program were developed with the cooperation of the trucking industry through the ATA Council of Safety Supervisors and are designed to counter those bad driving habits, both skill and attitude related, that are most frequently exhibited by the professional truck driver.

Produced by FLI Learning Systems

OHS VC 0012

COAL MINE SAFETY

8 min. 1980

1/2 inch VHS

The Department of Energy, Mines & Resources investigates measures to prevent explosions of methane gas in underground mines.

Energy, Mines & Resources

OHS 150

COLD CAN KILL

28 min. Colour 197-

The dangers of hypothermia are presented and proper preventive measures are demonstrated. The film shows that loss of body heat in winter is a special danger, as liable to cause death as drowning.

OHS 112

COLOR OF DANGER

40 min. Colour 1969

This film deals with the numerous hazards encountered on or around forklift trucks. We see careless operators and workers endangering their lives by ignoring safety rules. The film also shows different types of lift trucks in action and gives the operator some good safety tips for loading and unloading.

Produced by the Caterpillar Tractor Co., Illinois

OHS VC 7048

COMPARATIVE EVALUATION OF THE EFFECT OF HIGH YIELD CRITERIA LIST UPON SKULL (A)

60 min. B & W 1977

3/4 inch U-Matic

Dr. Phillips reviews the results of a study designed to evaluate the effectiveness of a high yield criteria list for skull radiography in reducing x-ray exposure and medical costs.

OHS 161

COMPRESSED GASES...UNDER YOUR CONTROL

20 min. Colour 1971

This film covers many safety points in the handling of compressed gases. It describes the cylinder handling precautions and proper procedures that are necessary to avoid an accident or injury.

Produced by Matheson.

OHS 6

CONFINED SPACE HAZARDS

15 min. Colour 1970

This film demonstrates safety procedures for men who work in confined spaces such as tanks, sewers, boilers, hoppers, etc. It demonstrates the use of protective equipment and shows how to test for dangerous atmospheres. It also stresses teamwork as a safety procedure.

OHS 175

CONTROL FACTOR (THE)

17 min. Colour

This film is designed to work well in virtually any manufacturing setting. It is an overview for operators in the use of overhead hoists and cranes.

An Educational Resources Foundation Film.

OHS VC 0070 **CONTROLLING EXPOSURE TO TOXIC SUBSTANCE**
30 min. Colour 1986
1/2 inch VHS

This video discusses the control of toxic substances and who is responsible for the control. It discusses safety equipment that should be used.

Produced by Industrial Accident Prevention Association.

OHS 5 **CRANING WITH CONFIDENCE**
16 min. Colour 1975

The basics of mobile crane operations are demonstrated. The film shows how a crane can be overturned or be subjected to structural failure. It points out the significance of the Load Rating Chart and makes safe crane operation a sensible procedure.

Produced by the Construction Safety Association of Ontario

OHS VC 0035 **CURRENT ISSUES IN RADIOLOGICAL HEALTH "A DISCUSSION OF THE 1980 BEIR REPORT"**
1980
3/4 inch U-Matic

OHS VC 0050 **CURRENT ISSUES IN RADIOLOGICAL HEALTH - QUANTITATIVE ASPECTS OF RADIATION BIO EFFECTS**
31 min. 1980
3/4 inch U-Matic

OHS VC 0049 **DAILY MAINTENANCE & OPERATING PROCEDURES FOR TRACKED VEHICLES**
18 min. Colour 1985
1/2 inch VHS

This videocassette states operating instructions and can be used as a guide to safety in the operation of industrial tracked vehicles.

Produced by Western Geophysical Company

- OHS 11 **DANGER - ALIVE**
20 min. Colour 1968
- This film reminds the electrician that he is not only responsible for his own safety, but also for the safety of his co-workers on the construction site. We are reminded of our dependence upon electricity and its importance to our every day living.
- Produced by the Construction Safety Association of Ontario.
-
- OHS VC 0032 **DANGER AT WORK**
50 min. Colour 1981.
1/2 inch VHS
- This video film traces the history of occupationally-related disease through to modern times and shows how the various occupational health professionals can work together to provide an effective means of preventing ill health at work. Industries such as coal, metal product manufacture, lead battery production, agriculture, hospital service and chemicals are used to illustrate the ways worker health can be protected, while doctors, nurses, safety engineers, trade unionists and general practitioners discuss their respective roles in the process.
- Produced by the University of Birmingham. Institute of Occupational Health and Safety.
-
- OHS VC 7025 **DECONTAMINATION IN THE NUCLEAR MEDICINE LABORATORY**
22 min.
3/4 inch U-Matic
-
- OHS VC 7028 **D.E.N.T. (DENTAL NORMALIZATION TECHNIQUE PROGRAM)**
3/4 inch U-Matic
-
- OHS 119 **DETECTION H₂S**
and 10 min. Colour 1975
OHS VC 0027 3/4 inch U-Matic
- Professor Swampheart demonstrates the smart way to stay alive while dealing with H₂S wherever it may be found. The classroom is a swamp with a field trip to several petro-chemical production sites.
- Produced by Filmwest Associates Ltd.

OHS VC 8055 A DISCUSSION ON THE ICRP REPORT 26 & the 1977 UNSCEAR REPORT
47 min. Colour 1978
3/4 inch U-Matic

Dr. Moseley of ICRP, Mr. Meinhold, U. S. Representative to UNSCEAR, and Mr. Villforth, Bureau of Radiological Health, discuss content including philosophical background and data bases of the ICRP Report 26 and the 1977 UNSCEAR Report, Sources and Effects of Ionizing Radiation. Concepts covered include stochastic and non-stochastic effects, world wide dose commitment, and absorbed doses for specific organs.

OHS 168 DO'IN IT RIGHT
25 min. Colour

Starring Gabe Caplan, this film points out the critical points of working with asbestos. Different techniques in using asbestos in the construction industry are touched upon as well as the adverse effects of asbestos on workers and those people around them.

OHS VC 0055 DON'T LET IT GET YOU DOWN - HYDROGEN SULFIDE
14 min. Colour 1981
1/2 inch VHS

This program examines the characteristics of hydrogen sulfide, the physical effects of exposure, potential sources, monitoring techniques, protective steps and rescue procedures.

Produced by Industrial Training Systems Corporation

OHS 14 DON'T PUSH YOUR LUCK
15 min. Colour 1968

This film is the true story of a plant employee who was permanently blinded in an on-the-job accident. The consequences for him and his family are portrayed with emphasis. The film then demonstrates how, when and where to use most types of eye and face protection.

Produced by Harvest Films Inc., New York.

OHS VC A6003 DOUBLE EDGED SWORD
22 min.
3/4 inch U-Matic

OHS 177 **DOUBLE VISION: A SELF EVALUATION**
14 min. Colour

It's easy to see the mistakes of others, to see their disobedience of safety regulations. But what about ourselves? This film illustrates that even the most careful worker can get slipshod, become distracted and cause an injury on the job.

OHS 136 **DOWN AND OUT**
10 min. Colour

This film concentrates on the subject of slips and falls and points out the different hazards which cause people to lose their balance. It demonstrates how people fall by over-reaching, taking short cuts, misusing ladders, etc.

A Journal Films Production

OHS 141 **DOWN TO EARTH**
14 min. Colour 1974

This lighthearted film presents an electrician who tends to "forget" safety rules and practices at work. His actions endanger not only himself but his co-workers. The film discusses where Joe went wrong and the correct procedures he should have followed.

OHS VC 0037 **EFFICIENCY IN PATIENT RADIATION EXPOSURE THROUGH EVALUATION OF IMAGING TECHNIQUES**
41 min. Colour
3/4 inch U-Matic

OHS VC 0100 **ELECTRICAL SAFETY**
11 min. Colour
1/2 inch VHS

Electrical shocks can kill or maim. This video will help you recognize electrical dangers at work and at home. Faulty tools and high-voltage wires are just some of the dangers shown and first aid for electrical shock victims is also included.

Produced by the Workers' Compensation Board of B.C.

OHS 166 **ENGINEERING HAND SAFETY**
7 min. Colour 197-

This film is designed to demonstrate the importance of our hands in every day situations through very realistic scenes of hand injuries.

OHS VC 0043 **ERGONOMICS AT WORK**
14 min. Colour 1985
1/2 inch VHS

How we lift and carry loads can be straining to our backs. With proper engineering we can design work areas to make the job easier. This videocassette describes various ways different industries have improved their work areas and annual profits.

National Safety Council

OHS VC 0038 **ETHYLENE OXIDE IN HOSPITALS: MYTHS, FACTS, & SAFETY**
26 min.
3/4 inch U-Matic

OHS 17 **EVERYTHING TO LOSE**
21 min. Colour 1966

This film dramatizes the consequences of taking chances in a typical shop situation where there is nothing to gain and everything to lose. It was developed from actual situations and contains some chilling sequences filmed with professional stunt men. The film draws a comparison between gambling with safety on the job and "Russian roulette ". The message is evident for all who work around machines, tools and materials handling equipment.

Produced by the Caterpillar Tractor Co., Peoria, Illinois

OHS 192 **EYE EMERGENCY**
23 min. Colour

"Eye Emergency" shows how to prevent eye accidents and how to treat them. Using real workers and real rescue personnel, the film shows simple treatment for foreign bodies in the eye, sharp injury, blunt injury and chemical burn.

Produced by International Tele-Film Enterprises Ltd.

OHS VC 7023 **FACTORS INFLUENCING X-RAY OUTPUT CALLIS - PRINCIPLES OF RADIATION - BARNETT - RADIATION PROTECTION GUIDES**
48 min.
3/4 inch U-Matic

See RADIATION DETECTION INSTRUMENTS ...

OHS 113 **FATAL ACCIDENT REPORT**
25 min. Colour 1962

This is a careful analysis and investigation of an electrical accident caused by contact with an overhead power line. One man is killed and two others are injured. A re-enactment of all factors leading to the accident demonstrates and emphasizes errors made by everyone involved.

OHS VC 6231 **FIELD TESTING OF DIAGNOSTIC X-RAY UNITS IN QUALITY CONTROL (Parts 1 & 2)**
1975
3/4 inch U-Matic

OHS 19 **FILE IT UNDER FALLS, MISS KING**
10 min. Colour 1972

The film explores the causes of office falls and how to prevent or avoid them. Hazards such as open desk drawers and filing cabinets, electric cords, misplaced ladders and chairs, liquid spills, etc. are pointed out.

Produced by the National Safety Council.

OHS VC 0088 **FINEST TOOLS (THE)**
22 min. Colour
1/2 inch VHS

This video discusses how repetitive jobs can cause hand stress. Also discussed is the temporary or permanent hand problems that occur from hand stress. Suggestions are given on how to analyse a job that can cause hand and wrist problems. Our hands are very important so protect them.

Produced by NIOSH

OHS VC 0013 **FIRE RESISTANT HYDRAULIC FLUIDS**

15 min. Colour 198-
3/4 inch U-Matic

Discusses how fire resistant hydraulic fluids can prevent serious injuries caused by fires in mines and steel works, and how these products have been successfully used by various industries. Explains how to convert to the use of these fluids and what the advantages would be. The fluids available are described as to composition and where they could be used to prevent fires. Various tests are performed to indicate how safe these fluids are in flammable situations.

OHS VC 6157 **FIRST-LEVEL QUALITY CONTROL FOR DIAGNOSTIC RADIOLOGY**

1973
3/4 inch U-Matic

OHS VC 0101 **FITNESS FOR BACKS**

24 min. Colour 1984
1/2 inch VHS

This video demonstrates how to avoid back injury through proper care and exercise of the back.

Produced by the Workers' Compensation Board of B.C.

OHS 209 **FOUR MINUTES TO SURVIVAL**

13 min. Colour 198-

This film reviews the important aspects of safe entry into confined spaces. Personal hygiene, protective clothing and use of gas detectors are all points discussed.

Industrial Commission of Ohio

OHS 190 **FRONT-END LOADER SAFETY**

14 min. Colour 1976

Based upon records of actual mining accidents, the film describes some of the fatalities and injuries that can occur in the use, and misuse, of the front-end loader - particularly if the operator is inattentive, careless, disobeys safety rules, and takes unnecessary chances.

- OHS 196 **FUTURE IS IN YOUR HANDS (THE)**
16 min. Colour
- A film about hand and finger injury prevention in industry.
- An Educational Resources Foundation Film.
- OHS 152 **GREAT COVER UP (THE)**
20 min. Colour 1975
- This film presents the history of protective clothing through the ages and how man had to adapt its use to our industrial and technological era. The film is informative and conveys a message for all.
- OHS 22 **GRIM STATISTICS (THE)**
20 min. Colour 1970
- This film illustrates dangerous practices in the construction industry which can lead to fatalities. The film discusses the safe use of heavy equipment in road building and ditching, emphasizing that each operator increases his chances of becoming a statistic when he violates common safety practices.
- Produced by Clark Equipment of Canada Ltd., Ontario
- OHS VC 0076 **GRINDING WHEEL SAFETY (Parts 1 & 2)**
26 min. Colour 1981
1/2 inch VHS
- This two-part program deals with the proper handling of grinding wheels, how to mount and balance wheels, safety guards, wheel storage, eye protection and wheel dressing, and encourages viewer participation.
- Produced by Tel-a-Train.
- OHS 23 **GROUND'S FOR CONCERN**
22 min. Colour 1975
- This film examines an on-the-job tragedy concerning a young construction worker who loses his life in a trench cave-in. Many hazardous practices and events common to trenching operations are depicted in the film as it leads up to the accident.
- Produced by the Construction Safety Association of Ontario

OHS VC 0083 **HAND OPERATED HOISTS**
45 min. Colour 1978
1/2 inch VHS

This video shows the proper use of chain hoists, gear hoists, differential hoists and ratchet hoists. It emphasizes the proper planning of the job to be done. It also discusses protective equipment and safety inspections that should be done before starting the job.

Produced by Industrial Training Corp.

OHS VC 0064 **HAND TOOLS**
12 min. Colour 1986
1/2 inch VHS

This film identifies the potential hazards of improper use of hand tools.

Produced by Dow Chemical Canada

OHS 32 **HANDLINE LIFELINE**
15 min. Colour 1972

This method of pole-top rescue was perfected by Commonwealth Edison of Chicago. In the film the procedures used in hand-line rescue are explained with dramatic close-up detail in deliberate slow motion as well as normal speed demonstrations.

Bandelier Film Productions

OHS 16 **HANDS - EYES - FEET**
11 min. Colour 1974

Three short films have been combined to deal with the subjects of "handtraps, eye protection and safety shoes". Without the narration, each film presents its message with a musical background.

Crawley Films Ltd.

OHS 214

HANDTRAP TEST (THE)

21 min. Colour 1966

On the job hand injuries can cause serious personal injury and loss of valuable industrial productivity. By recognizing and working defensively around handtraps, these problems can be minimized effectively.

Produced by the United Steel Corporation.

OHS 120

HARRY'S HOT PERMIT

10 min. Colour 1975

Harry, a producer contracted to make a short film on unsafe work habits, oversteps the conditions of a hot work permit. Harry is characterized as an obnoxious fast buck artist who is greedy, arrogant and conceited, with no respect for human well-being.

Produced by Filmwest Associates Ltd.

OHS 31

HAZARD

30 min. Colour 1960

"HAZARD" will convince you that good working habits are the foundation of safety. Two steel workers go mountain climbing in the Alps. They both get into difficulties because one of them ignores the use of personal safety equipment and practices. The film is aimed at everyone's attitude to safety and holds a lesson for all industrial workers.

OHS 27

HEAD IN SAFETY (A)

8 min. Colour 1968

This film shows the type of head protection available in the natural gas industry and other types of industries as well. It also demonstrates accessories available to provide added protection to the face, eyes and ears.

OHS VC 0106

HEALTH MATTERS AT WORK

40 min. Colour 1986

1/2 inch VHS

This video explains toxic substances and how they enter the body. Also discussed are the effects of toxic substances on the body.

Produced by Industrial Accident Prevention Association.

OHS VC 0077 **HEARING SAFETY**
16 min. Colour 1985
1/2 inch VHS

This video discusses the importance of hearing conservation in all noisy environments. It shows how even low noise areas can affect your hearing. Various types of protective devices are discussed.

Produced by Tel-a-Train.

OHS 219 **HEIMLICH MANEUVER (THE)**
11 min. Colour 1975

The film begins with a dramatic choking incident at the park, communicating the harsh reality that anyone can be a victim of this potentially fatal and totally unexpected occurrence. Through animation and with the co-operation of models, Dr. Heimlich later demonstrates how to perform his life-saving technique and why it works. This important film will save lives and should be seen by everyone who might be a choking victim or a rescuer.

Produced by Paramount Communications.

OHS 33 **HELP IS ...**
16 min. Colour 1972

This film examines first aid at the roadside. It underlines the necessity of being able to render first aid at the scene of an accident especially during those critical minutes before ambulance and police arrive. It will stimulate people to prepare themselves for emergencies.

Produced by Shetwynd Films Ltd. for Department of National Health and Welfare.

OHS 156 **HIDDEN ADVANTAGE (THE)**
15 min. Colour

In this film the basics of training employees in safety and proper work habits are demonstrated as a supervisor reveals his concepts on safety to a co-worker.

OHS VC 9016 **HIGHLIGHTS OF THE NATIONAL CONFERENCE ON REFERRAL CRITERIA
FOR X-RAY EXAMINATIONS (Parts 1 - 5)**
Colour and B & W 1979
3/4 inch U-Matic

A five tape series of selected highlights of a 3-day conference held in Washington, D.C. Each tape is approximately 25 minutes. Tape A includes background, purpose, and opening remarks; tape B discusses causes of low yield x-ray examinations; tape C presents viewpoints on x-ray over utilization; tape D highlights a physician panel discussion; and tape E includes a summary of the workshop reports.

OHS 162 **HOSPITAL ACCIDENT PREVENTION**
21 min. Colour

This is a training film designed especially for use in hospitals. Safety procedures are explained and the way to avoid accidents diagnosed.

A Consort Film

OHS 28 **HOUSEKEEPING MEANS SAFEKEEPING**
10 min. Colour

This film depicts a typical plant with a common variety of housekeeping violations. The dangers of these violations are forcefully dramatized in slow motion recreations of painful and realistic accidents. The film concentrates on teaching employees the three basic rules behind housekeeping: preventing, correcting and reporting. It stresses the idea that safe housekeeping is the responsibility of every individual employee.

Produced by Journal Films.

OHS VC 0102 **HOW TO INVESTIGATE AN INDUSTRIAL ACCIDENT**
18 min. Colour 1983
1/2 inch VHS

This video demonstrates the technique for identifying the contributing factors in an accident, in order to prevent the same thing happening again.

Produced by the Workers' Compensation Board of B.C.

OHS 45

I AM JOE'S SPINE

25 min. Colour

Through clever animation and the voice of Burgess Meredith, Joe's spine shows and tells us what's happening to it as Joe twists, bends, lifts, stretches, and stoops in the process of cleaning out his attic. When the crunch comes, Joe's spine explains how future pain and problems can be avoided through proper exercise.

A Pyramid Production.

OHS 38

I NEVER HAD AN ACCIDENT ON THE JOB IN MY LIFE

18 min. Colour 1976

This Occupational Health and Safety Act training film alerts meat workers to job hazards. The film covers five major hazards in the meat industry; lifting, use of the band saw, hand tools, slips, and falls, and shows precautions meat cutters must take to avoid accidents on the job.

OHS 134

IF YOU HEAR THE EXPLOSION THE DANGER IS PAST

10 min. Colour

This film deals with accident causes and conveys safety program philosophies under actual industrial conditions - mostly in warehouses and machine shops.

A Xerox Film.

OHS 183

IF YOU ONLY KNEW

24 min. Colour

"If You Only Knew" is a powerful, dramatic film concentrating on attitudes. Its central theme is concerned with the way a company presents information about chemicals to its employees. It highlights the importance of accurate cataloguing as well as exposing good and bad storage practice. It also shows how some employees handle chemicals with little thought for their safety or the safety of others.

OHS 36

INDUSTRIAL WEIGHTLIFTER (THE)
10 min. Colour 1965

This film shows the proper way to avoid back injuries. It presents a flexible model to illustrate how discs are pinched when weights are lifted while the backbone is curved. The correct methods of lifting and handling objects of all sizes and forms are demonstrated. Actual plant demonstrations of lifting are shown.

Produced by Canada Packers and the Industrial Accident Prevention Association of Ontario.

OHS 42

INNER MIND OF MILTON WHITTY (THE)
18 min. Colour 1968

Milton Whitty is a highrise building contractor and his conscience begins to disturb him when his company gets the reputation of having the highest accident record in the industry. In a dream sequence he appears before the judge and prosecutor along with his superintendent and the men who sustained injuries on the site. All are accused of failing to carry out their share of responsibilities concerning safety. "WHITTY" makes provocative statements that apply to everyone: employers, foremen and workmen.

Produced by Westminster Films Ltd., for the Construction Safety Association of Ontario.

OHS VC 7085

INTERACTION OF RADIATION WITH MATTER (THE)
36 min. B & W 1965
3/4 inch U-Matic

Demonstration of a cloud chamber, and a discussion of alpha radiation, primary and secondary ion pairs, ion density, beta radiation, elastic collisions, Bremsstrahlung radiation.

OHS 35

INTERNATIONAL HAND SIGNALS
11 min. Colour 1971

This is a visual demonstration of the correct methods of giving hand signals as required by the crane operator in order to safely operate his equipment.

Produced by the Construction Safety Association of Ontario.

OHS 39

INVISIBLE DANGER (THE)

15 min. Colour 1975

This film explains the danger of toxic dust and gases in industry. It emphasizes the many types of breathing apparatus which must be used when danger is present as well as the importance of providing a worker with the correct mask for a specific type of hazard. The importance of a good fit, proper care and maintenance of respiratory equipment is demonstrated.

Produced in Australia.

OHS VC 04

INVISIBLE ENEMY - STATIC ELECTRICITY

14 Min. 1984

1/2 inch VHS

A videotape training program on the principles of static electricity and the importance of proper bonding and grounding procedures when working in explosive and flammable environments.

An ITS Production.

OHS VC 8023

IS THERE AN AVERAGE RADIOGRAPH? (Parts 1 & 2)

60 min. B & W 1978

3/4 inch U-Matic

A discussion of the synergistic effects of the many variables which comprise the x-ray process and affect x-ray exposure including film-screen combination, use of grids, patient thickness and tissue composition, kVp selection filtration, mA, time, SID, field size, focal spot size, back-scatter, film processing, etc.

OHS 147

IS THERE ANYTHING I HAVE FORGOTTEN?

18 min. Colour 197-

This film illustrates the Permit to Work and Certificate of Safety procedures for the safe isolation of a vessel. When men have to go into vessels to maintain or to clean them, there is always the danger that they may be overcome by toxic gases, lack of oxygen, steam, radiation or a variety of other hazards.

A Millbank Film Production.

OHS 138

IT AIN'T EASY

33 min. Colour 1980

This film is a good introduction utilizing a realistic approach to the drilling industry. The film focuses on the different operations involved in drilling with a description of the various responsibilities of each member of the crew. The film also covers safety aspects of the industry with emphasis on good housekeeping, protective equipment and clothing and how to recognize hazards such as hydrogen sulfide.

A film produced for the Canadian Association of Oilwell Drilling Contractors.

OHS 41

IT ALWAYS HAPPENS TO THE OTHER GUY

21 min. Colour 1975

This is a training film for operators of heavy equipment in the construction industry. The film is narrated by James Whitmore, and features the operation of four-wheel drive loaders, scrapers, motor graders, excavators, backhoes and crawler bulldozers. The film demonstrates safe machine handling, traffic hazards, maintenance of machines and the need for personal protective equipment on the job.

Produced by John Deere Co., in cooperation with the National Safety Council.

OHS 44

IT DIDN'T HAVE TO HAPPEN

13 min. B & W 1953

This film shows how the careless worker who scorns the use of guards and safety devices on woodworking machines endangers his own life and the lives of co-workers. Based on an actual situation, the film contains specific instruction on different kinds of guards and the reason for their use. It also covers good housekeeping, handling of materials, etc. (Because this film was produced over 20 years ago, there is no reference to eye and ear protection - by today's standards it's a serious breach of safety practice.)

Produced by Crawley Films for the Industrial Accident Prevention Association of Ontario.

OHS 178

IT NEED NOT HAPPEN

21 min. Colour

Industrial accidents can be prevented with the proper use of today's well designed protective clothing and equipment. This film shows that cost is not always the key factor - that the operator's own attitude can play a part in neglecting proper protection. "It Need Not Happen" shows both management and the workforce that hazards can be avoided by proper use of protective clothing and equipment.

OHS 114

IT ONLY TAKES A MINUTE

15 min. Colour 1973

This film covers the use and care of portable air tools of all types and the proper and safe ways to operate them. It is designed for plant safety personnel in all industries where air tools are utilized.

A Sigman Rand Production.

OHS 43

IT STARTS AT THE TOP

15 min. Colour 1971

Effective teamwork is demonstrated, as the safety director, followed by top and middle management, and the construction workers themselves, work to achieve safer working conditions and practices. A fatality caused by a fall on a job site triggered the action.

Produced by the Construction Safety Association of Ontario.

OHS 37

IT'S AN ILL WIND

10 min. Colour

The effects of wind pressure on free standing masonry walls are demonstrated, as well as the bracing required to prevent damage or collapse during construction.

A Workers' Compensation Board film produced for the Alberta Masonry Institute.

OHS 40

IT'S HAPPENED BEFORE

20 min. Colour 1975

The film shows that a future accident can be prevented if a previous incident is properly reported and investigated. In this case, the incident involves a falling garbage chute section - not reported at the time. The same incident reoccurs with disastrous results. The film reminds the worker of his own responsibility in accident prevention.

Produced by the Construction Safety Association of Ontario.

OHS VC 09

IT'S NO LAUGHING MATTER

17 Min. Colour 1984

1/2 inch VHS

An award-winning film using a stunt man and out-takes from old comedy movies helps employees be more aware of the potential hazards and injuries from slips and falls.

An ITS Production.

OHS 115

IT'S STILL UP TO YOU

12 min. Colour 1961

This effective industrial eye safety film features surgical removal of a piece of metal from the victim's eye. The worker was not wearing safety glasses at the moment of the accident. The different types of eye protection shown should remain in your mind after this graphic film.

Produced by Harvest Films Inc., New York.

OHS 212

IT'S UP TO YOU

Colour 1959

This film is the first of two films on the subject of eye safety. By using graphic details of an eye operation, this film boldly confronts the realities of serious eye injuries.

Produced by the National Society for the Prevention of Blindness.

OHS VC 9021 **JOB WELL DONE (A): CHEMICAL HANDLING**
17 min. Colour 1984
1/2 inch VHS

This film is an overall good introduction to handling of chemicals. By stating point by point the most important hazards and procedures the employee learns about protective clothing and equipment, good housekeeping and also how to prevent and clean up chemical leaks and spills.

Produced by 3M.

OHS 46 **JUST ONCE**
16 min. Colour 1970

This film demonstrates the value and vulnerability of the eyes. Many hazardous operations in all the construction trades are shown as is the need for eye protection.

Produced by the Construction Safety Association of Ontario.

OHS 48 **KITCHEN SAFETY: PREVENTING BURNS**
10 min. Colour 1969

This film teaches respect for the dangers of steam, gas, boiling water, and hot foods in commercial kitchens. Accidents can be prevented by wearing the proper clothing and observing safe work habits.

Produced by the National Education Media.

OHS 47 **KITCHEN SAFETY: PREVENTING FALLS**
10 min. Colour 1969

This film shows how a little foresight can prevent serious injuries. It stresses potential danger points and proper procedures for keeping floors in safe condition in commercial kitchens. Among the things to watch for are floor spills, dropped objects, poorly illuminated stairways, and ladders.

Produced by the National Education Media.

OHS VC 0087 **LADDERS AND SCAFFOLDS**
60 min. Colour 1978
1/2 inch VHS

This video discusses ladders and scaffolds. The ladders discussed are the single ladder, the extension ladder, and the step ladder. The safety inspection is discussed in detail as to what to check for. It also illustrates how to select the proper ladder for the job. There are two types of scaffolds discussed. They are the fixed scaffold and the suspended scaffold. It discusses the construction of each and the materials to be used. This video discusses the safety inspection and the safety equipment involved with both ladders and scaffolds

Produced by Industrial Training Corp.

OHS VC 9019 **LEAD IN THE WORKPLACE**
15 min. Colour 1983
1/2 inch VHS

"Lead in the Workplace" deals with the safe handling and use of lead. Protective clothing and work practice methods which lessen the risk of lead exposure are described.

A Johnson Matthey Production.

OHS 163 **LINEBREAKING**
10 min. Colour 197-

People working with flammable materials are always in utmost danger of their lives. Through very realistic examples, we learn the correct procedures required to break into a line for repair.

Produced by Media Arts Inc.

OHS VC 0091 **LIVES ON THE LINE**
16 min. Colour 1985
1/2 inch VHS

This video pinpoints the hazards involved in laying pipeline. One should be aware of the hazards involved from cutting the right-of-way to laying the pipe in the trench. Being aware of potential hazards will lead to an accident free career in pipelining.

Produced by Esso Resources Canada Ltd.

OHS 186

LIVING WITH DUST

15 min. Colour 1975

This film deals with health hazards created by dust in the working environment. It relates how toxic dusts - such as lead, arsenic and manganese - can dissolve into the blood stream through the lungs to damage body organs and the nervous system. It explains how other dusts - such as asbestos, silica and cotton - remain in the lungs permanently to cause slow suffocation. It stresses the importance of engineered ventilation systems and the use of personal protective equipment when such systems are insufficient or impractical.

OHS VC 0103

LOCKING OUT ACCIDENTS

14 min. Colour 1985

1/2 inch VHS

Production equipment can be dangerous if not properly locked out during maintenance. Lockout procedures for electricity, steam, pneumatics, hydraulics and gravity are reviewed to emphasize the importance of ensuring zero-energy.

Produced by the Workers' Compensation Board of B.C.

OHS 149

LOCKOUT FOR SAFETY

14 min. Colour 197-

Failure to guard against power being turned on during repair or maintenance operations on electrically driven machinery or equipment has caused many deaths and injuries. Prevent such accidents from happening with this fail safe system for "locking out" electric power during repair or maintenance work.

A BNA Production

OHS 173

LOW BACK PAIN

24 min. Colour

This film stresses one key point, that flexibility exercises are for everyone including those with back problems. The film features a program developed by Dr. Hans Draus, a noted orthopedic surgeon.

OHS VC 0074 **LUCKY ONES (THE)**
12 min. Colour 1987
1/2 inch VHS

This video discusses the dangers of exposure to hazardous gases. The long-term effects of hazardous gas "knockdown" are discussed. The video emphasizes the need for rescuers to protect themselves first, by donning self-contained breathing apparatus before attempting to rescue a downed co-worker.

Produced by Vicom Ltd.

OHS 174 **MACHINE SHOP SAFETY**
15 min. Colour

This film is a good overall safety film for machine shops. Some of the topics covered are personal protection devices, good housekeeping methods and the basics of lifting.

OHS 135 **MAKE LIGHT OF LIFTING**
27 min. Colour 197-

British instructors demonstrate the art of proper lifting techniques and the kinetic system of handling weights. The film graphically illustrates what happens to the back during a bad lift.

OHS 207 **MAKING THE PIECES FIT**
and 26 min. Colour 1975
OHS VC 0090 1/2 inch VHS

A film designed to teach the elements and principles of effective supervision, covering leadership styles, communication, coaching, planning and scheduling, quality and motivation. It deals specifically with the building trade's supervisor who needs education in managerial skills, and how those skills are applied in the work situation.

Educational Resources Foundation

OHS VC 7013 **MAN AND RADIATION**
30 min. Colour 1965
3/4 inch U-Matic

Discusses many aspects of radiation and offers a survey of the widespread beneficial applications in medicine, industry, agriculture, power, and research.

Produced by U.S.A.E.C.

OHS 125 **MAN'S SHORTCOMINGS**
15 min. Colour 1969

This film shows how a man's personality quirks and emotional problems may endanger his and other workers' safety and how this can be avoided.

A U. S. Department of Labor; Mine, Safety and Health Administration film.

OHS VC 0105 **MATTER OF SECONDS (A)**
15 min. Colour 198-
1/2 inch VHS

This video discusses how Nomex III flame resistant clothing protects you in a flash fire.

Produced by Film Five Associates.

OHS VC 0179 **MEDICAL DEVICE AND RADIOLOGICAL HEALTH ISSUES - MINIMIZING RADIATION EXPOSURE OF THE BREAST DURING SCOLIOSIS RADIOGRAPHY**
26 min.
3/4 inch U-Matic

OHS 165 **MIND YOUR BACK**
7 min. Colour

"Mind your back" illustrates the correct way of lifting and pushing heavy objects without risking injury to the back. The methods are demonstrated by live action and diagrams.

Produced by Star Programmes.

OHS VC 0078 MINIMIZING BACK STRAIN
28 min. Colour 1984
1/2 inch VHS

This video discusses the importance of understanding how the back works to avoid injuries. Proper lifting techniques are addressed along with demonstrations on how to lift from various positions.

Produced by Tel-a-Train.

OHS 54 MODERN SKIDDING
16 min. Colour 1966

This film emphasizes the safe operation procedures required while using wheeled skidders on logging operations. A new driver is instructed on the operation of the unit.

Produced by the Can-Car Division of Hawker-Siddeley Canada Ltd., Ontario.

OHS 128 MOTIVATION - A MEANS TO ACCIDENT PREVENTION
15 min. Colour 1969

The film shows how proper motivation can prevent accidents at home and on the job.

Produced by the U. S. Department of the Interior - Bureau of Mines.

OHS VC 9017 MSDS "AT YOUR FINGERTIPS - UNDERSTANDING MATERIAL SAFETY DATA SHEETS"
10 1/2 min. Colour
1/2 inch VHS

All employees who are required to work with hazardous or potentially hazardous materials in the normal course of their work would benefit from viewing this program. The film stresses the use of "Material Safety Data Sheets" when dealing with hazardous materials.

Industrial Training Systems Corporation

OHS 200

NECK PAIN
18 min. Colour

This film describes the structure and function of the neck. The causes of neck pain are graphically explained as well as treatment methods such as rest, traction, neck collars, and exercises. Prevention of future problems is also highlighted.

A PRI Production.

OHS VC 0051

NEGATIVE AIR FILTRATION SYSTEMS AT ASBESTOS ABATEMENT SITES
42 min. Colour 1985
1/2 inch VHS

The video begins with a brief history of asbestos control techniques and why negative air purification is needed at the jobsite. The concept of negative air is clearly illustrated using a mock-up contamination. Few disbelievers would argue the merits after seeing this video.

Produced by Source Finders Information Corporation

OHS 187

"NEVER SAY DIE"
25 min. Colour

"Never Say Die" tells the story of Frank Russo, a rig hand who is "on trial" for his life. The prosecutor and judge is Death himself while Frank's defense counsel is his own Guardian Angel. The film takes a deeper look at attitude, and in exciting documentary footage of difficult rig conditions, we learn the difference between life and death.

A Filmwest Associates Ltd. Production

OHS 148

NEW PULSE OF LIFE
29 min. Colour

This film emphasizes the importance of distinguishing between unconsciousness and cardiac arrest. It presents procedures for treating a resuscitation emergency until the victim recovers or medical help is available.

Produced by Pyramid.

OHS 56

NEW WAY TO LIFT (A)
10 min. Colour 1970

The six (6) elements of a properly executed lift are demonstrated. Also examined are the palm grip, the proper position of back, chin, arms and feet and the correct disposition of body weight.

Produced by Journal Films Inc.

OHS 139

NICE TO HEAR
10 min. Colour 1980

A hearing loss is a tragedy in the sense that it affects a person not only in the business world but in every facet of his family or social life. Fortunately, there are ways and methods to maintain and conserve your hearing which are discussed in this film.

Produced for Bilson International, Sweden.

OHS 164

NOBODY'S PERFECT
25 min. Colour 197-

This film is a laboratory safety film recounting the numerous mishaps of a prominent biochemist who fails to comply to basic safety rules. His actions endanger himself as well as his co-workers.

OHS 176

NOT BY ACCIDENT: A LOGICAL LOOK AT ACCIDENT INVESTIGATION
19 min. Colour

This film is an effective training tool to teach supervisors how to investigate accidents correctly and properly - to get the facts, avoid recriminations, and present a factual report that can be used to prevent similar accidents in the future.

OHS VC 0028 OFFICE SAFETY: THE THRILL SEEKERS
10 min. Colour
3/4 inch U-Matic

It's a familiar axiom that 20 percent of the workers account for 80 percent of the accidents. Doubly unfortunate is the fact that in an office the accident-prone are as liable to injure others as themselves. Many office hazards cause only minor injuries - but cuts, bruises, and sprained backs add substantially to the costs of absenteeism, compensation and lawsuits. In an entertaining manner, this presentation alerts viewers to many common dangers and practices.

OHS 60 OH! MY ACHING BACK
20 min. Colour 1964

A mechanical model is used to explain how problems can arise from unduly straining the spine. This film gives some basic rules for safe lifting as well as examples of good and bad practices in the paper mill and machine shop.

Produced by the U.S. Department of the Interior, Washington.

OHS VC 0044 ON TARGET WITH LADDERS
15 min. Colour 1985
1/2 inch VHS
Beta
3/4 inch U-Matic

This video shows the proper use of ladders. Make sure the footing is firm, the ratio is right. Ladders are safe if you remember the rules.

Produced by the Alberta Construction Association.

OHS 58 ON TOP OF THE PROS
12 min. Colour 1964

This film features Johnny Unitas of the Baltimore Colts, who stresses the importance of the hard hat to industrial workers and professional athletes. Football, baseball, and racing professionals wear their hats religiously, even during practice.

Produced by the Mine Safety Appliance Co., Pennsylvania, U.S.A.

OHS 154

ONE LAST SHOCK
20 min. Colour 197-

"One Last Shock" dramatizes the events leading to a man's death through carelessness and poor attitudes towards electrical safety.

A Millbank Film Production.

OHS 145

ONE MILLION HOURS
20 min. Colour 197-

The film is a plea for the thorough investigation of industrial accidents as an important way of preventing them from happening again.

A Millbank Film Production.

OHS 61

ONE OUNCE OF SAFETY
20 min. B & W 1950

This general film concerns the necessity of wearing safety shoes. A worker loses three toes in an on-the-job accident. As a result, he is more safety minded and saves a co-worker from a similar accident.

OHS 59

ONE TO A CUSTOMER
11 min. B & W

Personal protective equipment is the theme of this film. An attempt is made to instill in employees the proper attitude regarding the wearing of protective equipment on the job.

OHS 126

OPEN-PIT MINING HAZARDS
20 min. Colour 1967

This is a dramatization of potential accidents in open-pit mines. It demonstrates proper handling of gigantic equipment such as front-end loaders, dump trucks, power shovels, etc. and also stresses the importance of performing safely around mining operations to prevent future accidents from occurring.

Produced by the U.S. Department of the Interior, Washington, D.C. for the Mining Enforcement and Safety Administration.

OHS 191 OPERATORS (THE)
 and 20 min. (Approx.) Colour 1983
OHS VC 0108 1/2 inch VHS

This film deals with safety measures in underground development. It explains the correct excavation procedures to eliminate any danger of digging up piping or electrical cables.

Produced by the Calgary Utility Coordinating Committee

OHS 124 ORIENTATION AND INDOCTRINATION OF SAFE WORKMEN
 27 min. Colour

This film stresses the importance of using proper procedures in the orientation of new workers to their jobs. It stresses the value of accident prevention training as an integral part of the job. The emphasis is on employer-worker relationships and protective equipment needed on the job.

Produced by the U. S. Department of the Interior, Bureau of Mines.

OHS VC 0033 OVERVIEW OF THE TECHNICAL ASPECTS OF DIGITAL RADIOGRAPHY (AN)
 54 min.
 3/4 inch U-Matic

OHS 195 OXYACETYLENE SAFETY
 35 min. Colour

The purpose of this video is to develop a better understanding in the safe use of oxyacetylene welding and burning equipment. Common mistakes and dangers are discussed. Safety rules are described and demonstrated.

OHS 218 PARTICULARLY POOR ALBERT
 17 min. Colour

This British film analyses an accident that occurs around a forklift operation. The carelessness that leads up to the accident is identified and shown how it could have been prevented through proper safety procedures.

Produced by A.J. Lyons and Company.

OHS VC 0093 **PATH OF LEAST RESISTANCE (THE)**
15 min. Colour 1984
1/2 inch VHS

This video stresses the importance of treating electricity with respect no matter what the voltage is. It discusses first-aid for victims of electrocution.

Produced by Education Resources Inc.

OHS VC 0075 **PCB EMERGENCIES: THE PROFESSIONAL APPROACH**
15 min. Colour 1987
1/2 inch VHS

This video discusses the dangers of PCB's in a fire. It discusses the toxic gases that are given off when PCB's are heated. It discusses the protective equipment required and the importance of knowing the location of PCB transformers in case of fire. The controlling and clean up of spills is also discussed.

Produced by the Canadian Electrical Association.

OHS VC 0107 **PCBs: OLD FEARS, NEW FACTS**
15 min. Colour 1987
1/2 inch VHS

This video discusses the difference between dangers and unsubstantiated fears of PCBs. It also discusses how to dispose of PCBs safely.

Produced by Canadian Electrical Association.

OHS 158 **PERSONAL PROTECTION**
15 min. Colour 197-

"Personal protection" provides an overview of the equipment that protects the head, the eyes, the ears, and respiratory system, the body and the hands and feet.

OHS 64

PIPING SAFETY

35 min. Colour 1965

This film dramatically depicts injuries resulting from unsafe conditions and unsafe work practices - not only in the piping trade but in the construction industry generally. It emphasizes safe procedures, good housekeeping, the safe use of hand tools, as well as wearing of proper protective equipment.

Produced by the Apprentice and Journeyman Training Trust Fund.

OHS VC 0092

PLANT LIFE: SAFETY ON THE JOB SITE

20 min. Colour 1986

1/2 inch VHS

This video emphasizes the need for job site safety. It explains the need for knowing the hazards of not only the equipment you are using but the hazards of all the other equipment in the area where you are working. It also shows how to check out a work site for the hazards that may be present such as the presence of poisonous gas, hot vessels & pipes, etc. It shows the danger in trenches. The use of protective equipment in danger areas is explained.

Produced by Esso Resources of Canada

OHS VC 0084

POWER OPERATED HOISTS

47 min. Colour

1/2 inch VHS

This video discusses the overhead trolley crane, semi-gantry crane, cantilever crane, and the wall crane. The American Standards for crane Hand Signals are discussed and demonstrated. The video emphasizes the safety checks that should be done before the crane is used and the protective equipment that is required.

Produced by Industrial Training Corp.

OHS 127

PREVENTING COAL PNEUMOCONIOSIS

11 min. Colour 1971

This film describes and explains the causes, effects and prevention of coal mining's most hazardous health problem: pneumoconiosis. Methods of detection, control and suppression of respirable coal dust are suggested.

Produced by the Department of the Interior, Bureau of Mines.

OHS 216

PREVENTING CUTTING & WELDING FIRES

13 min. Colour 1971

Points out hazards, illustrates precautions that must be taken to prevent fires from sparks and molten globules of metal. Shows how cutting/welding permit system is used, and depicts the role of the fire watcher in preventing fires and in detecting hidden fires after the work is finished.

Produced by Factory Mutual Engineering

OHS VC 0047

PROCEDURES IN ASBESTOS REMOVAL

10 min. Colour 1984

1/2 inch VHS

The Workers' Compensation Board of British Columbia has put together a comprehensive videotape on the procedures used in removing asbestos. Important information regarding protective clothing, labeling and packaging, and methods of removal are described in depth.

Produced by the Workers' Compensation Board of British Columbia.

OHS VC 7003

PROCESSOR QUALITY ASSURANCE

10 min. 1976

3/4 inch U-Matic

Describes a simple, inexpensive quality control program which, when conscientiously observed by the facility, can improve film quality, eliminate many retakes, and thus reduce patient exposure and department operating costs.

- OHS 185 **PROTECT YOUR EYES ON THE JOB**
13 min. Colour
- "Protect Your Eyes on the Job" features famous sight crusader Bill Frank delivering his dynamic safety message. Blinded in an industrial accident, Bill made it his life's mission to put safety glasses on employees in industries all over the country.
- OHS 62 **PUNCH PRESS GUARDING**
11 min. Colour 1958
- This film demonstrates the different types of punch press guards and the important role of the press set-up man in his ability to recognize hazards. It points out the necessity of a proper guard for every type of operation and the proper adjustment for each.
- Produced by the Industrial Accident Prevention Association of Ontario.
- OHS VC 6243 **QUALITY ASSURANCE IN DIAGNOSTIC RADIOLOGY**
60 min. 1976
3/4 inch U-Matic
- OHS VC 6216 **QUALITY ASSURANCE IN DIAGNOSTIC RADIOLOGY (Parts 1 & 2)**
1975
3/4 inch U-Matic
- OHS 65 **QUOTA (THE)**
26 min. Colour 1960
- A bulldozer operator starts his machine in a hurry. His brakes fail while going into a quarry and he plunges over a cliff. In a trick photography sequence, his ghost arises and wanders into a dream-like courtroom where other operators who have made fatal mistakes are being tried.
- OHS VC 0036 **RADIATION BIO-EFFECTS & PROTECTION PRINCIPLES**
58 min.
3/4 inch U-Matic

OHS VC 7022 RADIATION DETECTION INSTRUMENTS, X-RAY PRODUCTION, PROPERTIES
 OF X-RAYS
 58 min. B & W 1973
 3/4 inch U-Matic

A two tape series for x-ray technologists which reviews production of x-rays, x-ray interaction with matter, units of exposure and dose, official guidelines, radiation detection instruments, and principles of exposure reduction for patient and operator.

OHS VC 0056 RADIATION NATURALLY
 28 min. Colour
 1/2 inch VHS

This video explores the various sources of ionizing radiation. (Cosmic, Terrestrial, Man-made). It concentrates on low-level radiation, giving perspective to the topic and relating how it affects man. Strongly recommended.

Produced by MPL Film.

OHS VC 7026 RADIATION, PHYSICIAN AND PATIENT
 45 min. Colour 1960
 3/4 inch U-Matic

Deals primarily with the dangers of x-ray and fluoroscopic equipment, discusses maximum permissible roentgens, demonstrates use of dosage scale, explains varying percentage of radiation absorbed by body organs and the effects of radiation on genetic organs. Outlines factors which help minimize dosage and illustrates new x-ray operational techniques.

Produced by American College of Radiology.

OHS VC 8029 RADIATION PROTECTION DURING MEDICAL X-RAY EXAMINATIONS - I -
 PRINCIPLES OF X-RAY PROTECTION
 15 min. Colour 1973
 3/4 inch U-Matic

An introduction to x-ray protection, suitable as an orientation or review; discusses biological importance of minimizing needless x-ray exposure. Outlines four main areas in which the radiologic technologist can exert maximum influence in dose reductions.

OHS VC 8032 **RADIATION PROTECTION DURING MEDICAL X-RAY EXAMINATIONS - VI -
QUALITY CONTROL FOR THE AUTOMATIC FILM PROCESSOR**
20 min. Colour 1978
3/4 inch U-Matic

A five-phase quality control program for the automatic film processor is described in this slide-tape presentation which has been recorded on videotape. Processor preparation; reference films; quality control chart and maintenance log; daily sensitometric checks; and determination of the need for corrective action are reviewed in detail.

OHS 69 **REACHING FOR THE LIGHTNING**
10 min. Colour 1975

The dangers of overhead electrical contacts, such as can be encountered by construction workers, line repairmen, and children flying kites, are examined.

OHS 70 **RETURN OF MILTON WHITTY (THE)**
17 min Colour 1968

This is the follow-up film to the "Inner Mind of Milton Whitty". It discusses responsibilities for accidents, production costs and safety, as well as hidden costs, safety philosophies and policies. Contractor Whitty is determined to change the safety record of his company from the worst to the best, but the negative attitude of the general manager jeopardizes the whole program. It takes a tragedy to make him realize that "safety" is the better policy.

Produced by Westminster Films Ltd. for the Construction Safety Association of Ontario.

OHS VC 6227 **REVIEW OF MAMMOGRAPHY TECHNIQUES (A) (Parts 1 & 2)**
1975
3/4 inch U-Matic

OHS VC 0057 RIB CONTROL AROUND COAL MINE ENTRIES

10 min. Colour
1/2 inch VHS
Beta
3/4 inch U-Matic

This film describes methods and techniques of coal rib support in western Canadian mines

Coal Mining Research Center
Devon, Alberta

OHS VC 0085 RIGGING EQUIPMENT OVER THE FLOOR

17 min. Colour 1980
1/2 inch VHS

This video discusses the proper use of the equipment used for moving a load across the floor. Procedures for the raising and lowering of a load with jacks are discussed along with the use of blocks, skids and a forklift.

Produced by Industrial Training Corp.

OHS VC 0086 RIGGING: WIRE ROPE SLINGS

18 min. Colour 198-
1/2 inch VHS

This video discusses the use of wire rope slings. It discusses the different types of slings and how they are to be used. The safety procedures and the required protective equipment is also discussed.

Produced by Industrial Training Corp.

OHS VC 0067 RIGHT TO KNOW - WORKING AROUND HAZARDOUS SUBSTANCES

13 min. Colour 1985
1/2 inch VHS

This program was designed to show how Material Safety Data Sheets work, and to encourage employees to protect themselves by using them.

OHS 131

RIGHT-ON ROOFER SERIES (THE)

2 reels 15 min. (each) Colour 1978

This series provides the roofer with training in safe work practices, both on the ground and on the roof. Each of the parts is divided into specific subject areas as follows:

Part 1 covers: "Play it Cool with Hot", "Airmail, Hardhats and Barricades".

Part 3 covers: "Ladders", "Lifting", "Housekeeping".

Produced by Safety Seminars Inc.

OHS 68

ROAD TO RECOVERY (THE)

25 min. Colour

A worker loses his leg in a drilling rig accident and the film shows the program used for rehabilitation of the amputee at the Alberta Workers' Compensation Board Clinic in Edmonton.

OHS 116

ROLL OF DRUMS (THE)

20 min. Colour 1964

This film contains spectacular reminders of the results of thoughtlessness around heavy construction equipment. By using colourful circus sequences depicting daredevil acts, each of which is accompanied by a "roll of drums", the same theme is carried through to depict hazardous but preventable acts in the use of heavy equipment.

Produced by Caterpillar Tractor Co. in cooperation with the National Safety Council.

OHS 66

ROLL-OVER PROTECTIVE STRUCTURES (TESTING OF)

15 min. Colour

This film demonstrates the testing of roll-over protective structures and emphasizes the importance of wearing seat belts.

Produced by the Caterpillar Tractor Co.

OHS 71

ROOFER'S PITCH

20 min. Colour 1970

When a roofer is seriously injured by falling through a hole in the roof, we learn how the accident affects his family, his co-workers, his boss and the company. Working safely is a team effort and results not only in a reduction of accidents but fosters a new pride of workmanship.

Produced by the Construction Safety Association of Ontario.

OHS 67

ROUND TRIP TO DANGER

20 min. Colour 1973

This film dwells on the need for safety around logging operations. It points out the various hazards that men working in and around large mobile machinery have to deal with, and shows what should and should not be done in a number of typical logging situations.

Produced by the John Deere Co., with the assistance of the American Pulpwood Association, the Western Wood Producers Association and the National Safety Council.

OHS 222

RUBBLE TRUBBLE ... AND HOW TO STAY OUT OF IT

Colour 1973

Good housekeeping can keep your company safe from spontaneous combustion. This film describes how failure to clean up combustible waste can cause major fires.

Produced by Mutual Engineering

OHS 72

R_X SAFETY

20 min. Colour 1978

The film reviews accident hazards in many departments of the hospital. It deals briefly with fire prevention and patient safety. The film also depicts a safety committee reviewing and planning safe work procedures and introducing the accident prevention program to employees.

Produced by Associated Films Inc., Toronto.

OHS 140

S. O. S.
12 min. Colour 1980

Continuous exposure to dangerous or excessive noise can gradually affect or destroy your hearing. S.O.S. is a plea through clever animation of the hearing cells to protect your hearing. A hearing loss can affect your lifestyle and the film shows some of the hearing protection available to avoid this condition.

Produced by Bilsom International, Sweden.

OHS 77

SAFE DRIVING
10 min. (Approx.) Colour

This film discusses the safe handling of air-powered staplers and nailers. Even though the tools are made safe, they are only as safe as the person using them. The rules are simple: check and test tools before use, wear protective clothing at all times, keep the equipment clean and well lubricated, make sure to disconnect the tools after a day's work and no horseplay.

A Pilot Production in cooperation with the National Safety Council.

OHS 201

SAFE HANDLING OF FLAMMABLE DUSTS
25 min. Colour 1983

This film shows how dust explosions occur. It shows the different ways the dust is ignited and shows the importance of keeping the work area free from stationary and airborne dust.

Produced by VDI-Verlag CmbH

OHS 182

SAFE OPERATION OF A FORKLIFT TRUCK
17 min. Colour

This film demonstrates step by step the rules and procedures for driving gasoline powered or electric forklift trucks. It also describes the proper ways to maintain an efficient and safe vehicle. The finer points such as parking, loading, and daily inspections of the vehicles are touched upon. An overall good film for safety awareness in using forklifts.

OHS 118

SAFETY ATTITUDES

10 min. Colour 1970

This animated film illustrates how attitudes, good or bad, affect safety. It shows how emotions and communications play an important part in preventing or causing accidents. The film stresses the fact that unsafe attitudes can be changed.

Produced by the National Safety Council

OHS VC 0104

SAFETY AUDIT (THE): EVALUATING YOUR HEALTH AND SAFETY PROGRAM

12 min. Colour 1984

1/2 inch VHS

This video based on Section 4 of B.C. Workers' Compensation Board Regulations defines the workplace health and safety program and tells how to evaluate the strengths and weaknesses of that program in a particular firm.

Produced by the Workers' Compensation Board of B.C.

OHS 84

SAFETY BELTS

25 min. Colour

This film shows how a safety belt is made and how they should be worn. Shows tests done with different types of lanyards.

Produced by the Construction Safety Association of Ontario.

OHS 155

SAFETY EVERYONE'S BUSINESS

20 min. Colour

This film shows potential safety hazards in a wide range of industrial and commercial settings. A good film to introduce any course on industrial safety.

OHS 79

SAFETY FACTS ABOUT CROSSING TRACKS

13 min. Colour 1969

This is an explanatory film that provides information to all motorists about the problem of accidents at railroad crossings and depicts several ways to avoid this serious and deadly situation.

Produced by the Southern Railway Company of San Francisco.

OHS VC 0080 **SAFETY FOR THE NEW EMPLOYEE**
20 min. Colour 1973
1/2 inch VHS

This is a general safety film that covers the many aspects of industrial and shop safety. It stresses the importance of wearing protective equipment such as safety glasses, hard hats and safety shoes. Some other safety hazards, including housekeeping, lifting, ladders, welding flashes, grinders and improperly grounded electrical tools are portrayed in the film.

A Marshall-Maintenance Production.

OHS 133 **SAFETY IN HAND**
15 min. Colour 197-

The film concentrates on industrial hazards to hands. It stresses the use of protective equipment and clothing in a wide range of occupations and industries. It explains graphically the causes and effects of industrial dermatitis and goes on to show the importance of pre-work skin protection and thorough after-work hand cleansing. The message: "In all industries CLEAN HANDS - HEALTHY HANDS is a working rule".

A Deb film for health and safety training in industry.

OHS 95 **SAFETY IN THE BALANCE**
24 min. Colour 1972

This is a film on safe operations of cranes used in construction. The different hazards around the many types of cranes dictate caution as well as cooperation and good communication in order to prevent accidents.

Produced by the Construction Safety Association of Ontario.

OHS 225 **"SAFETY, ISN'T IT WORTH IT?"**
15 min. Colour

Jack Klugman narrates this safety film and points out the proper safety procedures for working in a laboratory

Produced by Fisher Scientific Co.

OHS 87

SAFETY MAKES SENSE

20 min. Colour 1967

This film emphasizes good techniques and safe practices in the operation of powered industrial trucks such as forklifts in the warehouse. It is useful as a training film for new drivers or as a refresher lesson for experienced men.

OHS VC 0059

SAFETY MEETING SERIES 1: LIFTING, EYE PROTECTION AND HAND TOOL SAFETY

15 min. Colour 1982

1/2 inch VHS

This video shows the proper way to lift to avoid back injury. The necessity for eye protection is emphasized by explaining how fast steel slivers travel from a drill, what could happen if chemicals splashed into your eyes, dust flying etc. This video stresses the need to use the right tools for the job to prevent injury.

Produced by MTI Production.

OHS 193

SAFETY OF BEING UNDERSTOOD (THE)

12 min. Colour

A breeding ground for accidents is created whenever instructions are not clear, workers misunderstand, both supervisors and workers make assumptions or there is no feedback. "The Safety of Being Understood" is an excellent tool for teaching communication. It explains how to give clear orders, and make certain they are understood and that there is no room for assumptions and misunderstanding.

A B.N.A. Production.

OHS VC 0058

SAFETY ON THE JOB - ACCIDENT CAUSES AND PREVENTION

17 min. Colour 1984

1/2 inch VHS

Good overall film dealing with three major problems in industry.

OHS 213

SAFETY ORIENTED FIRST AID

35 min. Colour 1977

This film is a good introduction to first aid. Some topics covered are respiratory emergencies, such as obstructed airways, suffocation, poisonous gases and also how to bandage and treat cuts and punctures.

Produced by the St. John's Ambulance.

OHS 76

SAFETY WITH NETS

12 min. Colour

This film demonstrates various safety nets that are used in the construction industry, emphasizing their adaptability to highrise steel structures or bridge building. It also demonstrates the methods of testing these nets to prove their resistance and safety value.

Produced by the American Army Engineers.

OHS 75

SAVE THAT LIFE

10 min. Colour 1968

Illustrated here is the mouth-to-mouth method of artificial respiration. The use of mannequins and models demonstrates the procedure in detail. The technique is shown during an actual drowning incident.

Produced by Scott Peters Enterprises, Van Nuys, California.

OHS VC 0079

SAVING SIGHT

20 min. Colour

1/2 inch VHS

This video discusses proper eye protection through demonstration of eye injuries and a presentation by a doctor concerning the causes and treatment of accidents on the job.

Produced by Summit Training Source.

OHS VC 03 **SAWMILLS - DOES SAFETY COST AN ARM AND A LEG?**

18 min. 1978

1/2 inch VHS

3/4 inch U-Matic

This film takes viewers on a walk through a sawmill, pointing out potential danger areas, hazards, and what can be done to correct them - from the point of view of the safety inspector.

Alberta Labour. Occupational Health and Safety Division -
Inspection Branch.

OHS VC 6178 **SCATTERED X-RAYS - A LABORATORY DEMONSTRATION**

1975

3/4 inch U-Matic

OHS 96 **SCRIBE (THE)**

30 min. Colour 1965

This is a humorous film starring Buster Keaton, and was his last picture ever made. He visits a big construction site as a newspaper reporter and with his particular comic style, draws attention to the need for working safely in construction. He easily points out the unsafe acts and conditions which cause accidents and injuries on the worksite.

Produced by the Construction Safety Association of Ontario.

OHS 180 **SEARCH FOR SAFETY: DOING JOB SAFETY ANALYSIS**

15 min. Colour

For first line supervisors, this film examines the process of performing Job Safety Analysis (JSA). JSA is a technique successfully used by thousands of supervisors, involving breaking down the tasks of each job to assess the potentially dangerous and unproductive steps.

OHS 205

SECONDS COUNT

9 min. Colour 1983

The importance of prompt action - showering in the safety shower and removal of contaminated clothing - in case of a chemical spill or thermal burn, is stressed in this film. Explains why immediate showering is important, and notes that some people may be shy about showering in a public area.

Produced by Eastman Kodak

OHS VC 0094

SEE FOR YOURSELF

15 min. Colour

1/2 inch VHS

Four major hazards to the eye and five major ways to prevent eye injuries are discussed. Medical emergencies and how to respond to them are also discussed.

Produced by Educational Resources Inc.

OHS 157

SHAKE HANDS WITH DANGER

23 min. Colour 197-

This film dramatizes numerous hazards and injuries related to and around heavy equipment.

A Caterpillar Tractor Co. Film.

OHS VC 0060

SHAPING UP: AVOIDING BACK INJURIES

17 min. Colour 1984

1/2 inch VHS

Proper posture and lifting techniques can reduce back injuries. This film points out how proper back care can enhance home life and prevent injuries on the job.

Produced by Educational Resources Foundation.

OHS 153 SIMPLE CHOICE (A)
 and 18 min. Colour 1985
OHS VC 0052 1/2 inch VHS

The film's purpose is to reduce the number of job related accidents by changing the worker's attitude towards safety rules and regulations. The film also discusses the consequences of acquiring poor working habits and ignoring safety rules.

Produced by Tylie-Jones and Associates.

OHS VC 0045 SITE ORIENTATION
 9 min. Colour 1985
 1/2 inch VHS
 Beta
 3/4 inch U-Matic

This video demonstrates how a site orientation saves time in the end. No one is having to search for tools, materials or the job that needs done. A well laid out worksite also means a safe worksite.

Produced by the Alberta Construction Association

OHS 89 SKILLED HANDS - SURE FEET
 16 min. Colour 1970

This film is primarily intended for workers in most trades of the construction industry. It stresses the need to wear protective clothing, especially gloves and footwear. There are also demonstrations of laboratory tests showing the effects of using the wrong type of boots.

Produced by the Construction Safety Association of Ontario.

OHS 81 SKIN TO SAVE YOUR SKIN (A)
 10 min. Colour 1974

This film examines the temporary enclosure of buildings during winter months. The film also demonstrates a method developed by the Masonry Institute to eliminate hazards without interfering with work efficiency or creating access problems for building materials.

A Workers' Compensation Board film produced for the Alberta Masonry Construction Association.

OHS 90

SLAUGHTER THE BEAST - NOT THE MAN

20 min. Colour 1974

This Australian produced film covers the different safety aspects of the meat packing trade. A serious abdominal injury is caused by a knife, and the film focuses on the necessity of wearing protective clothing and the safe way of handling knives. The film also covers good housekeeping, machine guarding, proper first aid facilities and safety committees.

OHS VC 0062

SMOKING AGAINST YOUR WILL

30 min. Colour 1985

1/2 inch VHS

The harmful effects both physically and mentally of second hand smoke.

Produced by ACCESS.

OHS VC 0089

SO IT WON'T HAPPEN AGAIN

15. min. Colour 1985

1/2 inch VHS

This video goes through the steps that an employer should take while investigating an accident. An investigation should answer how, why, what.

Produced by Labour Canada

OHS 91

SOMETHING CONCRETE

24 min. Colour 1970

This film documents an authentic structural collapse and the factors contributing to its cause. It indicates the stresses and strains and the behaviour of concrete under various conditions. Construction techniques and safety practices are shown.

Produced by the Construction Safety Association of Ontario.

OHS VC 7030 **SOMETHING IN THE AIR**
15 min. Colour 1983
1/2 inch VHS

This film deals with respiratory protection in the workplace.

A Canadian Standards Association Production.

OHS 82 **SOUND OF SOUND**
16 min. Colour 1970

This film concentrates on noise hazards in industrial environments. Interviews with workers on their occupational deafness and how it affected their personal lives, support the film's basic message, "Keep the hearing you've got. Wear the proper hearing protection".

An American Optical Corporation Production.

OHS VC 0020 **SPECIAL REPORT ON HAZARDS OF VDT'S**
12 min. 1982
3/4 inch U-Matic

OHS 210 **SPLIT SECOND SAFETY**
11 min. Colour 1964

"Split Second Safety" reviews electrical safety at home and on the job.

OHS 92 **STATIC ELECTRICITY**
20 min. Colour 1960

This film demonstrates how static electricity is produced in both domestic and industrial situations. The experiments and diagrams will demonstrate the potential dangers of static electricity and methods of control.

Produced by the American Gas Corporation of the Bureau of Mines.

- OHS 97 **STATIC ELECTRICITY - NUISANCE OR DANGER**
25 min. Colour 1967
- The film is a demonstration of the various ways in which static electricity is generated and the problem it poses if potential fire is present. The dangers of static electricity are clearly represented through impressive reproductions of fires caused by static electricity.
- Produced by Industrial Accident Prevention Association of Ontario.
- OHS 188 **STAYING ALIVE**
22 min. Colour
- Employees learn how the use of lifelines, communication, and proper gear, can help them improve on-the-job safety. In addition, the film emphasizes common sense and awareness as keys to accident prevention. A good film for safety training in heavy construction work.
- A Magic Lantern Production.
- OHS 221 **STEP RIGHT UP**
15 min. Colour 1973
- A humorous but informative look at ladder safety.
- Produced by Film Communicators
- OHS VC 0022 **STEP SENSITOMETRIC TECHNIQUE FOR THE EVALUATION OF MEDICAL X-RAY FILM**
33 min. Colour
3/4 inch U-Matic
- Produced by U. S. Bureau of Radiological Health of the Food and Drug Administration.

OHS 1 STRATA CONTROL AROUND MINE ENTRIES
and 10 min. Colour 1980
OHS VC 0021 1/2 inch VHS
 3/4 inch U-Matic

This training film illustrates how the stability of mining entries can be effected by ground conditions and mine entry design.

OHS VC 0018 SUN TAN BOOTHS: SOME CONCERNS AND PUBLIC HEALTH ACTIONS
 1980
 3/4 inch U-Matic

OHS 83 SUPERVISING FOR SAFETY SERIES
 3 parts B & W 1953

A series of films featuring the antics of a foreman whose fumbling, fuming misadventures offer plenty of basic lessons on handling workers.

FRAGILE - HANDLE FEELINGS WITH CARE - Part 1
18 min. B & W 1953

This film helps the foreman cement good relationships with the workers by making them part of the team, recognizing their ideas and letting them know about rules or changes, etc.

IT'S AN ORDER - Part II
15 min. B & W 1953

This film demonstrates the importance of communications in accident prevention. Verbal or written orders should be clearly stated and understood.

CALL 'EM ON THE CARPET - Part III
14 min. B & W 1953

The foreman learns that each man is different and so must be treated as an individual. He also learns to correct each man in private to explain reasons for instructions and how to give a compliment when due.

OHS VC 0054 **SUPERVISING SAFETY - YOU MAKE THE DIFFERENCE**

19 min. Colour 1985

1/2 inch VHS

This program discusses the factors that influence accidents and the techniques supervisors can use to change employees' behaviors to reduce the number of accidents.

Produced by Industrial Training Systems Corporation

OHS 123 **SUPERVISOR**

20 min. Colour 1975

Supervision is more than knowledge and the issuing of orders. This film concentrates on the supervisor in hazardous environments. The intelligent behaviour of a foreman at a gas plant and his way of relating to the people about him combine to make him effective.

Produced by Filmwest Associates Ltd.

OHS 204 **SUPERVISOR'S SAFETY MEETING - A GUIDE FOR SAFETY ACCOUNTABILITY**

18 min. Colour 1983

For managers or supervisors who will lead or attend safety meetings. This program stresses the importance of planning and preparation for safety meetings, the role of the meeting leader in resolving conflicts, encouraging participation, and defining the responsibilities of the participants. These points are illustrated as the safety meeting progresses from planning and preparation to discussion and follow-up.

BNA Film Production

OHS 194 **SUPERVISORY ERROR**

12 min. Colour

Not all accidents are caused by workers' actions. Management is often equally at fault. An excellent example of this occurs when an improperly fitted acid line valve fails and sprays several people with acid. Managers and supervisors will quickly learn that the chain of responsibility for safety is company wide - ranging from training workers properly and overseeing their work to buying equipment on the basis of quality, not price. People won't easily forget the point made in this film.

A B.N.A. Production.

OHS 167 **SUPERWELDER**
and 25 min. Colour
OHS VC 0024 1/2 inch VHS

Welding and cutting are the major topics covered in this film. It stresses such things as proper clothing, personal protection equipment, and a clean and well ordered work area as well as maintaining an awareness of unusual situations that may occur.

OHS VC 7032 **SURVEY PROCEDURES**
13 min. Colour 1977
3/4 inch U-Matic

Protocol and survey procedures for the Nationwide Evaluation of x-ray Trends (N.E.X.T.) x-ray facility survey are demonstrated. Step-by-step re-enactment of the entire procedure as conducted by a state radiological health surveyor.

OHS VC 0023 **SURVEY PROTOCOL FOR CHEST RADIOGRAPHY - 1984 PILOT STUDY**
33 min. 1984
3/4 inch U-Matic

OHS 99 **TAKE NOTHING FOR GRANTED**
10 min. Colour 1974

This is a case history of a conscientious electrician who was almost killed as a result of missing a key instruction due to a distracting noise. Step by step, the correct procedures are reviewed for doing electrical repairs in electrical substation maintenance.

Produced jointly by the Ontario Hydro, the Electrical Utilities Safety Association and the Industrial Accident Prevention Association.

OHS 101

TAKE TIME TO BE SAFE

10 min. Colour 1973

This film stresses the importance of "taking time" to prevent accidents, whether at home or on the job. The film is designed to interest employees in taking a personal involvement in safety, stressing the "take time" philosophy. In other words, take time to report hazards, remove obstacles, lift properly, wear protective clothing, all in order to avoid an injury or accident.

A Swanson Production.

OHS VC 0063

TAKING CARE: THE HAZARDS OF HEALTH CARE WORK

17 min. Colour 1985

1/2 inch VHS

Beta

This video examines health risks associated with health care facilities. Some of the topics covered are contacting infectious diseases, working with radioactive equipment, slips and falls, and proper lifting procedures.

Produced by Prairie Wool Communications.

OHS 100

TALKING ABOUT TRENCHING

10 min. Colour 1966

This film dramatizes the effects of unshored trenches, and the potential danger they represent for construction workers. Actual trenching situations are examined to show the best and worst possible working conditions in trenching operations.

Produced by the Construction Safety Association of Ontario.

OHS 159

TALKING OF SAFETY

25 min. Colour 197-

This is a British film demonstrating a factory's safety committee in action. It also shows the contrast between a poor safety committee compared to a more effective one.

OHS VC 0042 **TAXI COMBINED SERVICE**

40 min. Colour
1/2 inch VHS
Beta
3/4 inch U-Matic

The video points out ways to protect yourself as a taxidriver. The victim may cooperate with police by releasing relevant details about their attacker.

Produced by New South Wales Police Dept. Crime Prevention Division.

OHS 160 **TERM OF CONSEQUENCE**

16 min. Colour 1980

A good general safety film on the role of the occupational hygienist in industry. The film is designed to provide an overview of the long term versus short term effects of the dangers our senses fail to perceive. Problems such as long exposure to noise, asbestos, H₂S and other dangerous substances are discussed.

Produced by McKenzie-Sanders Communications.

OHS VC 0053 **TESTING BUILDINGS FOR ASBESTOS HAZARDS**

70 min. Colour 1985
1/2 inch VHS

Professionally-written and produced, this 1 hour, ten minute video employs demonstrations, on-site visuals, interviews with nationally-recognized authorities, visits to laboratories, and computer animations to familiarize the viewer with asbestos testing. Using layman's language, it explains the principles and procedures for assessing and documenting asbestos hazards in buildings of every type - from single homes to industrial plants to mid-town skyscrapers.

Produced by Source Finders Information Corporation

OHS 203

THERE'S NO EXCUSE
12 min. Colour 1984

This presentation is designed to convey the importance of understanding and always using safe operating procedures. It stresses that safe operating procedures are the basic defense against accidents, and illustrate how ignoring correct procedures can quickly lead to injuries.

Produced by Allied Corp.

OHS 206

THINKING THROUGH SAFETY
13 min. Colour 1983

Designed for safety supervisors and managers, this film outlines the basic concepts of the job safety and health analysis: what it is, why it's needed, how it's used, and how to research, write and follow it through. Each of these steps is demonstrated by example. Steve, our intrepid reporter, hunts through the industrial jungle in search of the elusive safety beast, stressing the need for information and knowledge as a guide to analyzing jobs for hazards, and planning correct procedures.

Produced by Allied Corp.

OHS 104

THREE MINUTES TO LIVE
30 min. Colour 1973

This is a dramatization of modern techniques used for the control of hydrogen sulfide. This highly original industrial film features an intriguing plot in which "Death" is personified as a black-cloaked motorcyclist. "Hydrogen Sulfide" is cast as an invisible assassin who seeks to assist "Death" to take care of victims on his fatality list.

OHS 170

THREE POINT CONTACT
24 min. Colour

This film shows the basic maneuvers for getting in and out of heavy equipment the safest way, avoiding injury.

OHS VC 0061 **TIPS FOR NEW EMPLOYEES**
10 min. Colour 1984
1/2 inch VHS

A good introductory film on safety rules. Some topics covered are protective clothing, lock-out procedures, good housekeeping and slips and falls.

Produced by the National Safety Council.

OHS VC 0029 **TIPS FOR NEW EMPLOYEES: POWER CIRCUIT BREAKERS**
10 min. Colour
1/2 inch VHS

This video adaptation of a slide presentation explains the need for special features on high-load switching equipment and circuit breakers, and how heavy-duty and power-operated circuit breakers operate. This is a review intended for training power-station workers who have no formal knowledge of heavy electrical equipment.

Resource, Inc.

OHS 105 **TO LIVE IN DARKNESS**
13 min. B & W 1958

This is the story of three preventable eye accidents caused by carelessness. It shows the need for proper eye protection particularly when working in hazardous areas.

Produced by the U. S. Navy.

OHS VC 0082 **TO SEE ANOTHER DAY**
16 min. Colour
1/2 inch VHS

Offices can be dangerous places to work. This video shows the dangers that cause accidents in offices and how they can be avoided. Bad housekeeping, thoughtlessness, not watching where you are walking are just some of the things that can cause office accidents.

Produced by Millbank
Distributed by International Telefilm

OHS VC 9018 **TO YOUR HEALTH - INTRODUCTION TO HEALTH HAZARD COMMUNICATION**
13 min. Colour
1/2 inch VHS

Primarily for industrial workers, the film examines potentially hazardous characteristics of chemicals; it defines toxicity, the long term effects of exposure to hazardous substances, and safe handling techniques.

An Industrial Training Systems Corporation Production.

OHS VC 0048 **TOLUENE/XYLENE**
7 min. Colour 1984
1/2 inch VHS

This videocassette covers information that employees will need to know when working with toluene and xylene. Protective clothing, accidental spills, and proper ventilation are all points dealt with.

Produced by 3M.

OHS 199 **TOUGH ONES TAKE LONGER (THE)**
10 min. Colour

"The tough ones take longer" pinpoints "problem people" for the supervisor. It helps him cope with the worried, cynical, put off, and preoccupied worker.

National Safety Council

OHS VC 0041 **TOWER RESCUE**
15 min. Colour 1984
1/2 inch VHS
Beta

This videocassette establishes a tower rescue procedure for victims of electrocution or other injuries. It should be used as an educational tool by electrical utilities & contractors.

Tri-M Loss Control

OHS 74

TOWER SAFETY LADDER

10 min. B & W

This demonstrates the use of the tower safety ladder in conjunction with the safety belt.

OHS 146

TOXIC HAZARDS IN INDUSTRY

20 min. Colour 197-

The film sums up the responsibilities of management - to identify hazards, to communicate them and to provide adequate protection - and of the work force - to take heed of the hazards and to use the protective equipment provided.

A Millbank Films Production.

OHS VC 0016

TRENCHING: A GRAVE AFFAIR

14 min. Colour 1983

1/2 inch VHS

Beta

3/4 inch U-Matic

This film describes first aid procedures as well as regulations for trenching. It stresses the point that foremen must take responsibility for the safety of their workers.

Produced by the Oilfield Contractors Association.

OHS 106

TRUCK DRIVERS ONLY

15 min. Colour 1964

This film covers all key points of truck safety such as mechanical considerations and inspections, mechanical defects, the blind spot and the vehicle safety checks. It shows how truck drivers help prevent accidents by setting their own standards of high quality work and positive attitudes.

Produced by Film Originals.

OHS VC 0014 **TWENTIETH CENTURY DISEASE**
60 min. Colour 1984
1/2 inch VHS

The "Twentieth Century Disease" is allergies, asthma and hay fever caused by or aggravated by exposure to dusts, chemicals, etc. in the environment.

Produced by the Canadian Broadcasting Corporation.

OHS 211 **28 GRAMS OF PREVENTION: SAFETY FOR TODAY'S LABORATORY**
20 min. (approx.) Colour 1975

Laboratories can either be the safest place to work or the most dangerous. This film points out some of the hazards that can be prevented by different safety practices. Labelling of chemicals, proper storage and handling, and ventilation are all topics covered in this film.

Produced by the Fisher Scientific Company.

OHS VC 08 **TWO HANDS, TEN FINGERS**
10 min. Colour 1984
1/2 inch VHS

Hand lacerations, crushed or broken fingers, and sprains all account for a high number of lost time accidents. Use this program as part of your safety training activity to train and motivate your employees to use tools correctly and to exercise care in materials handling and plant operations.

Produced by the Industrial Training Systems Corporation.

OHS 172 **UNDERSTANDING STRESSES AND STRAINS**
13 min. Colour

A humorous look at problems contributing to stress in the work environment and how these problems can be dealt with effectively.

OHS VC 0109 **UNDERSTANDING THE WORKING BACK**
20 min. Colour 1987

Using a direct and personal approach, "UNDERSTANDING THE WORKING BACK" provides the viewer a clear and concise picture of the human back. The film is about backs - back injury prevention and back injury control.

Distributed by Filmwest Associates.

OHS 107 **UNPLANNED (THE)**
20 min. Colour 1971

This film analyzes several events that led to a serious accident in which a man's arm was caught in an unguarded machine. An investigation takes place during a series of flashbacks that demonstrate why the accident happened.

Produced by the Canada Department of Labour.

OHS VC 0040 **VDT'S AND LOW LEVEL RADIATION, SPECIAL POTENTIAL OCCUPATIONAL
HEALTH & SAFETY HAZARDS --- STUDY LINKS BIRTH DEFECTS IN CITIES
OF MONTREAL, DALLAS, NEW YORK, ETC.**
11 min. Colour 1982
3/4 inch U-Matic

OHS VC 0025 **VIDEO DISPLAY TERMINALS - CURRENT ISSUES IN RADIATION
HEALTH**
24 min. Colour
3/4 Inch U-Matic

OHS VC 7029 **VIDEO DISPLAY TERMINALS - TESTING FOR RADIATION EMISSION**
3/4 inch U-Matic

OHS 198

VIDEO DISPLAY TERMINALS...THE HUMAN FACTOR

15 Min. Colour 1981

Presentation for employers emphasizes the physical and psychological needs of VDT operators. Discusses NIOSH and FDA test findings, as well as the employer's role in improving and maintaining safe VDT work areas..

A National Safety Council Production

OHS 121

WCB'S WILD WORLD OF RESCUE

10 min. Colour 1974

The techniques of modern television sports casting are adapted to a rescue operation. The commentator and the colour man analyze the errors committed in an attempt to rescue several H₂S victims.

Produced by Filmwest Associates Ltd. in cooperation with the Workers' Compensation Board and the Alberta Petrochemical Industry.

OHS 144

WEAKEST LINK (THE)

19 min. Colour 197-

This film is a positive approach to the training of slingers and crane drivers. It covers the use of hand and electrical blocks, mobile and overhead travelling cranes in a wide variety of situations.

A Millbank Films Production

OHS VC 0072

WELDING HAZARDS

Colour 1986

1/2 inch VHS

Welding hazards is a series of five video tapes to acquaint workers with the hazards of welding and the precautions which should be taken during this activity. Burns, hearing loss and eye damage are just a few of the injuries that can occur. These and other hazards are preventable when proper safety procedures are followed and protective equipment is used.

Program #1 Welding Hazards

11 min.

Overview of ten hazards, creating an awareness of the potential dangers.

Program #2 Welding Safety

11 min.

Identifies and demonstrates the protective measures and equipment welders must use.

Program #3 Fires and Explosions

11 min.

Program #4 Fumes and Gases

15 min.

Program #5 Containers and Confined Spaces

11 min.

The last three programs highlight each hazard in greater detail.

A student booklet accompanies the series.

Produced by N.A.I.T.

OHS 202

WHAT YOU DON'T KNOW...

12 min. Colour 1983

The importance of knowing the effects of hazardous materials, both short and long term, and the necessity of taking the correct precautions to ensure safety are emphasized in this film. The responsibility for learning about these materials is shared by the company, the supervisor and the employee.

Produced by Allied Corp.

OHS 171

WHAT'S IT GOING TO COST YOU?

10 min. Colour

A high impact film designed to motivate construction people into making "check before you dig", a basic function of every job. This film has enough humour to be interesting and enough truth to drive the point home.

OHS VC 01 **WHITE RAT DEMONSTRATION - H₂S**
15 min. Colour
1/2 inch VHS

This is a basic demonstration of the hazards and effects of the killer hydrogen sulfide on a rat and how to revive the same.

Produced by the Occupational Health and Safety Division (Alberta).

OHS 189 **WORKERS AT RISK (Series of 6 films)**
6 x 15 min. Colour

By examining the personal attitudes and actions of workers, these informative docu-dramas demonstrate the cause and effect characteristics of career-related accidents. Health and safety is presented as a variable within the worker's control. The legal and moral responsibilities and rights of membership in the workplace are discussed. Clear illustrations and non-technical language help the viewer to identify how he/she may be creating or fostering possible hazards. The realistic characters and situations portrayed in "Workers at Risk" will entertain audiences, as well as promote expanded perceptions of the worker's role in preventing and controlling on-the-job risks. The intended audience would be 17-25 year-old industrial workers.

and Produced by Access Films.

OHS VC 189D1 **WORKERS AT RISK (YOU BET YOUR LIFE, IT'S ALL IN YOUR HEAD)**
1980 3/4 inch U- Matic

OHS VC 189D2 **WORKERS AT RISK (THOSE OTHER GUYS, THAT'S A KILLER)**
1980 3/4 inch U-Matic

OHS VC 189D3 **WORKERS AT RISK (WHY NOT LIVE?, WHO'S RESPONSIBLE)**
1980 3/4 inch U-Matic

OHS 137 **WORKING BACK (THE) (Parts 1, 2, & 4)**
3 Parts Colour

These three films on back care give workers an awareness of their own responsibility for maintaining a strong, healthy back. They emphasize the importance of developing the abdominal musculature and the use of the pelvic tilt.

WORKING BACK (THE) - Part I
16 min Colour 1979

Joe, a factory worker with back problems, is taught basic rules in back care with the help of professionals. The physiotherapist explains how the back functions. He lists certain situations that can lead to injury or back problems and tells how they can be avoided by maintaining back strength and fitness.

WORKING BACK (THE) Part II
11 min. Colour 1980

Joe learns safe lifting and manual handling techniques. Another important aspect of lifting is introduced: back fitness and back strength. These basic back care principles apply in everyday situations, whether at work, at home or at play to help you keep a healthy back and prevent injury.

WORKING BACK (THE) PART 4 - STRESS EXERCISE
15 min. Colour 198-

This film discusses the importance of good posture in an electronic office environment. It stresses the importance of exercise after sitting for long periods of time. The simple stretch relaxation exercising keeps the back muscles lengthened and therefore working better. These simple exercises can be done any time/place to ease muscle stress that develops in a low motion environment.

A Ruffcut production for the Back Care Centre in Toronto

OHS VC 9022 **WORKING WITH ISOCYANATES**
14 min. Colour 1984
1/2 inch VHS

This brief but informative film answers the questions of how to handle isocyanates in a safe manner.

Produced by 3M

OHS VC 7027 **WORKING WITH RADIATION AND PROTECTING THE UNBORN**
3/4 inch U-Matic

- OHS 220 **WRONG PLACE, WRONG TIME, WRONG SHOES**
10 min. Colour 1965
- Graphic experiments and personal cases show how vulnerable feet can be without the proper safety shoes.
- Produced by Hy-Test
-
- OHS VC 0030 **X-RAY REFERRAL CRITERIA FOR PELVIMETRY**
1980
3/4 inch U-Matic
-
- OHS VC 7024 **X-RAYS AND OTHER MODERN HAZARDS--A VIEWPOINT ON COMPARATIVE RISKS.**
3/4 inch U-Matic
-
- OHS 129 **YOU AND OFFICE SAFETY**
7 min. Colour 1967
- This humorous approach depicts various causes of accidents in the office. The film is entertaining and effectively gets the message across.
- A Xerox Film.
-
- OHS 215 **YOU BET YOUR EYES**
15 min. Colour 1974
- The setting is in a Gambling Casino with the narrator seeing the odds against losing his sight. By using protective eyewear around machinery, chemicals, welding flashes and other hazardous areas the narrator realizes he can have the odds in his favour.
- Produced by the American Optical Association.
-
- OHS 184 **YOU MAY NOT GET A SECOND CHANCE**
20 min. (Approx.) Colour
- A safety-oriented movie that focuses attention on the seriousness of correct mounting and demounting procedures required for truck tires and multi-piece rims.
- A Goodyear Tire Ltd. Production.

OHS 109

YOUR GUARDIAN ANGEL

15 min. Colour 1974

This film portrays employees working with or around 600 volt electrical devices used in industrial and commercial buildings. It demonstrates the basic safety procedures to follow in electrical work.

Produced by the Electrical Utilities Safety Association jointly with the Industrial Accident Prevention Association and Ontario Hydro.

OHS 130

YOUR HOUSE IN ORDER

20 min. Colour 1977

This film deals with a neglected aspect of safety: industrial housekeeping. Poor housekeeping may result in lost time, property damage and injury. Aimed at all levels, including management, the film places the responsibility on everyone involved.

A Millbank Films Ltd. Production.

